Course 2004



Promoted for and on behalf of Cycling Time Trials under their rules and regulations

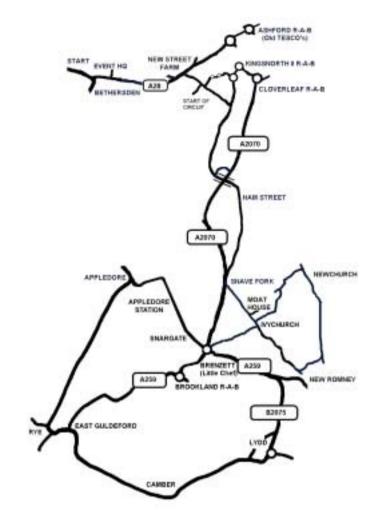
KENT CYCLING ASSOCIATION

President Pat Hill

OPEN 12 HOUR TIME TRIAL

Including the Tricycle Association South East Open 12 Hour Time Trial

Sunday 8th August 2004



The course remains unchanged from 2003



This is a SPOCO National Group 1 Event



START SHEET



Detail	Intermediate Distance	Cumulative Distance	10 Ma	Carpenter, plehurst Road,
Continue through Coleham Green to Mays Farm T Junction where Turn Left to Coldblow bear Left to Sugerloaf staggered	1.615	198.311	East St 2 ((ow, nards-on-sea, ussex, TN37 7NA 01424) 751581 e 07929 797386
cross-roads (old A2070) where) Continue through Bromley Green to 2nd Cross Road Turn	0.875	201.186	Master Timekeepers: Peter S Geoff	
Left to Stubbs Cross	3.158	204.344	1	Clarice Masterson Mepham
where Turn Left to Start of Circuit To end of 2nd Circuit	1.485 9.133	205.829 214.962	Vic Wi	illiams Koolman
To end of 3rd Circuit	9.133	224.095	Roving Marshal: Tim Ca	arpenter
To end of 4th Circuit	9.133	233.228	Mobile	e: 07929 796830
To end of 5th Circuit	9.133	242.361	Event H.Q Bethersden Village Hall where you will coll which will be with the signing-on sheet. There are toilet fac	•
To end of 6th Circuit	9.133	251.494	parking.	
To end of 7th Circuit	9.133	260.627	THIS IS A SPOCO NATIONAL EVEN	NT
To end of 8th Circuit	9.133	269.760	PLEASE BE QUIET AT THE HALL IN THE	MORNING
Keir Williams of the San Fairy Ann C.C. is riding his first two sponsors. He is raising money for CLIC (Cancer and Leuk be grateful for your support. He can be contacted on 0162 keir_williams@hotmail.com	nS elve and is look aemia in Childh	ood) and would	NUMBERS WILL BE AT BETHERSDEN VILL Concer and Leur demid on Childhood Please sponsor Keir Williams Keir Williams of the San Fairy Ann C.C. is riding his first twelve an sponsors. He is raising money for CLIC (Cancer and Leukaemia i He can be contacted on 01622 844571, or e-mail keir_williams@h	d is looking for in Childhood).

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NOTES

	Detail	Intermediate Distance	Cumulative Distance
the event promoters strongly advise the	Take Exit to Kingsnorth II round-a-bout where Turn Left to Park Farm round-a-bout and	< 0.906	158.455
nally accepted safety standard. at there will not be marshals at every he course. However You are responsible Fake Extra CARE at the RIGHT TURNS.	Take 2nd exit on old A2070 to Turn Left (before the bridge ove A2070) where Left (GREAT CARE) on to A2070 to Cloverleaf round-a-bout where Take Exit to Kingsnorth II round-a-bout where Turn Left to Park Farm round-a-bout END of FIRST CIRCUIT		167.171
the A28 and then right to the tion for obstructing other riders at the s as a public toilet. Toilet facilities are	Take 2nd exit on old A2070 to Turn Left (before the bridge ove A2070) where Left (GREAT CARE) on to A2070 to Cloverleaf round-a-bout where Take Exit to Kingsnorth II round-a-bout where Turn Left to Park Farm round-a-bout END of SECOND CIRCUIT	r 8.716	175.887
support vehicle. Note well that the r of infringing regulation No 22. Please the restrictions of this regulation.	Take 2nd exit on old A2070 to Turn Left (before the bridge ove A2070) where Left (GREAT CARE) on to A2070 to Cloverleaf round-a-bout where Take Exit to Kingsnorth II round-a-bout where Turn Left to Park Farm round-a-bout END of THIRD CIRCUIT		184.603
ne care to avoid obstructing riders as ow. No individual helpers are to park or r. No vehicles should stop on any of the	Take 2nd exit on old A2070 to Turn Left (before the bridge ove A2070) where Left (GREAT CARE) on to A2070 to Cloverleaf round-a-bout where Take Exit to Kingsnorth II round-a-bout where Turn Left to Park Farm round-a-bout END of FOURTH CIRCUIT	r 8.716	193.319
oscure the Timekeeper's view or impede es are to stop at the Timekeepers, but ing point. other the Timekeepers. Information	Take 3rd Exit towards Stanhope. At the first round-a-bout take the First Exit into Britannia Lane. At the next round-a-bout take the 2nd Exit and at the next round-a-bout also take the 2nd Exit where		195.137
byable ride.	Turn Left and Right at Stubbs Cross continue to Shadoxhurst where bear Right to Start of Finishing Circuit	1.559	196.696

Riders

In the interests of your own safety, the C.T.T. and the event promoters strongly advise the use of a hard shell helmet that meets an internationally accepted safety standard.

It is the same Course as 2003. You should note that there will not be marshals at every junction, but it is intended to place arrows around the course. However You are responsible for ensuring that you follow the course correctly. Take Extra CARE at the RIGHT TURNS

To reach the start from the H.Q. turn right toward the A28 and then right to the Bethersden Bull P.H. where turn right.

Riders should be aware that they risk disqualification for obstructing other riders at the start or on the finishing circuit or using these areas as a public toilet. Toilet facilities are available at the Event H.Q.

You must observe C.T.T. Regulation No 21.

Forms are enclosed so that you can register your support vehicle. Note well that the K.C.A. Committee will disqualify any rider guilty of infringing regulation No 22. Please read this and ensure that your driver understands the restrictions of this regulation.

Support Vehicles on the circuit should take extreme care to avoid obstructing riders as there are sections of the circuit that are very narrow. No individual helpers are to park or operate within 300 yards of any circuit timekeeper. **No** vehicles should stop on any of the roads in the vicinity of the junction at Sugar Loaf.

When you finish make sure your helpers do not obscure the Timekeeper's view or impede other riders. Please note that NO Riders or Vehicles are to stop at the Timekeepers, but they must continue to a safe and convenient stopping point.

A result board will be at the event H.Q. Do not bother the Timekeepers. Information regarding non finishers will be welcomed.

The K.C.A. wishes all competitors a safe and enjoyable ride.

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Detail	Intermediate Distance	Cumulative Distance	
Take First Left at end of village to Poplar Farm T junction where	2.905	127.194	
Left to Ivychurch END of SECOND CIRCUIT	0.566	127.760	
After Ivychurch take the next LEFT to St.Mary in the Marsh where	1.127	128.887]
Continue to Trelor where	2.621	131.508	
Turn Left to Newchurch (Care on bends)	2.448	133.956	Ţ
Take First Left at end of village to Poplar Farm T junction when	re 2.905	136.861	S
Left to Ivychurch END of THIRD CIRCUIT	0.566	137.427	
After Ivychurch take the next LEFT to St.Mary in the Marsh where	1.127	138.554]
Continue to Trelor where	2.621	141.175	
Turn Left to Newchurch (Care on bends)	2.448	143.623	
Take First Left at end of village to Poplar Farm T junction where	2.905	146.528	1
Left to Ivychurch END of FOURTH CIRCUIT	0.566	147.094	-
Where Turn Right (Care) past Brenzett Place and Brenzett Museum to Brenzett round-a-bout (Little Chef) where	1.525	148.619	1
Circle and retrace along A2070 on Ham Street by-pass to Cloverleaf round-a-bout where	8.930	157.549	1

Feeding Arrangements

C.C. Bexley - At New Romney, on the A259 beyond Hammonds Corner.

Marshals

indicate the direction to be followed in a positive manner but Do Not Hold Up The Traffic.

Please wear a marshal's jacket. There will be jackets at the event H.Q. at Bethersden Village Hall. If you borrow a jacket please either hand it to your relief or return it to the hall. Please return marshal's check sheets to the Event Organizer or the Roving Marshal.

Timekeepers

Timekeepers should report to the Kings Head P.H. in Shadoxhurst at 2 p.m. to synchronize watches and be allocated T.K. stations

Cut Out Legs

It is intended to close the following legs at sets times.

Ivychurch - St.Mary-in the Marsh - Treloar - Newchurch circuit will close at 12.45 p.m..

The Park Farm R.A.B. - 2nd exit on old A2070 (before bridge over A2070) - Cloverleaf R.A.B. - Kingsnorth II R.A.B. circuit will close at 3.30 p.m..

Result

A provisional result will be posted on the K.C.A. 12 Hour web site on Monday 9th August.

Refreshments

Light refreshments will be available at the hall from 5.30 onwards.

Massage

Massage will be available for Riders from Kim Griffiths Sports Therapist - £5 for 10

Visit the "12" website at www.kca12hour.com

Please Sponsor Keir Williams riding for the CLIC charity

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R	K.C.A 12 HOUR CHAMPIONSHIP	Detail	Intermediate Distance	Cumulative Distance
Awards Fastest		Turn LEFT through Old Romney to Brenzett round-a-bout		
		(Little Chef) where	3.282	95.850
1st	A J Bathurst Trophy (for one year) Plus Gilt Med		1.298	97.148
2nd 3rd	Silver Plated Mea Bronze Mea	Turn and retrace to Brenzett round-a-bout (Little Chef)	1.314	98.462
1st Team 2nd Tear	of Three The Bray Shield (for one year) Plus Gilt Med of Three Silver Plated Med	turn Left just after you pass under the road bridge carrying the		
		old A2070. Turn Left again to join old A2070 (GR000340)	5.050	103.512
	Veteran on Age Standard	Continue through Ham Street Village to join A2070.	1.793	105.305
1st 2nd	Gilt Med Silver Plated Med	al Turn Left to Snave Fork where Left	1.641	106.946
3rd	Bronze Mee	al through Poplar Farm T junction and on to Ivychurch.	1.480	108.426
	Greatest improvement on Personal best distance			
1st	Gilt Med	After Ivychurch take the next LEFT to St.Mary in the Marsh where	1.127	109.553
2nd 3rd	Silver Plated Med Bronze Med	Continue to Trelor where	2.621	112.174
1	ll finishers, other than prize winners, will receive a Silver Plated Medal.	Turn Left to Newchurch (Care on bends)	2.448	114.622
		Take First Left at end of village to Poplar Farm T junction where	e 2.905	117.527
	Prize Presentation	Left to Ivychurch END of FIRST CIRCUIT	0.566	118.093
All	wards will be presented at the Kent Cycling Association Lunch at Egerton Village Hall on 28th November 2004.	After Ivychurch take the next LEFT to St.Mary in the Marsh where	1.127	119.220
	It is hoped that as many prize winners as possible will attend	Continue to Trelor where	2.621	121.841
		Turn Left to Newchurch (Care on bends)	2.448	124.289

Detail	Intermediate Distance	Cumulative Distance
Turn LEFT onto A259 through East Guldeford to Brookland round-a-bout.	6.333	36.811
Carry straight on to Brenzett round-a-bout (Little Chef) END of FIRST CIRCUIT	1.298	38.109
Take first Exit along the B2080 through Brenzett, Snargate, Appledore Station to Appledore to Turn LEFT into Canal Road just after traffic lights on Canal Bridge (CARE)	3.967	42.076
Follow Canal Road to junction with A268 at Rye	5.754	47.830
Turn LEFT to Mini round-a-bout at A259	0.145	47.975
Turn LEFT onto A259 through East Guldeford to Brookland round-a-bout where Turn	6.333	54.308
And retrace to East Guldeford	5.356	59.664
Turn LEFT on B2075 through Camber to Lydd where keep right skirting town across round-a-bout and to T Junction where RIGHT CARE to junction with A259 at Hammonds Corner (New Romney)	11.484	71.148
Turn LEFT through Old Romney to Brenzett round-a-bout (Little Chef) where	3.282	74.430
Turn LEFT through Brookland round-a-bout to East Guldeford	6.654	81.084
Turn LEFT on B2075 through Camber to Lydd where keep right skirting town across round-a-bout and to T Junction where RIGHT CARE to junction with A259 at Hammonds Corner (New Romney)	11.484	92.56

<u>RIDERS</u>

No	Name	Club		Std	Start Time
1	John Bishop	Wigmore C.C.	V68	182.23	6.01
2	Rupert Robin	Brighton Mitre			6.02
3	Richard Bailey	Redhill C.C.	TV4	5198.46	6.03
4	Alec Mayes	Ashford Wheelers C.C.	V59	195.01	6.04
5	Peter Holland	Lincoln Wheelers	TV57	7182.23	6.05
6	Clinton Maisey	Wigmore C.C.	V66	185.00	6.06
7	Anthony Downing	V.C. Deal			6.07
8	Ernest Mackey	Medway Velo	V64	187.80	6.08
9	Bob Harber	Brighton Excelsior C.C.	V58	196.48	6.09
10	Mark Abela	Medway Velo			6.10
11	Ray Green	Sussex Nomads C.C.	V60	193.54	6.11
12	Neil Quarmby	Southborough & District Wheelers C.C.	V41	223.31	6.12
13	John Booty	Wigmore C.C.	V66	185.00	6.13
14	Simon Hansford	Team Larkfield Cycles			6.14
15	Tony Meilak	V.C. Deal	V65	186.39	6.15
16	Michael Downing	V.C. Deal	V57	197.97	6.16

RIDERS

COURSE Q12/1 (2003)

No	Name	Club		Std	Start Time
17	Martin Wilkinson	Sussex Nomads C.C.			6.17
18	John Clegg	Medway Velo	V63	189.22	6.18
19	John Mankelow	Lewes Wanderers C.C.	V56	199.46	6.19
20	Geoff Smith	Sussex Nomads C.C.	V54	202.49	6.20
21	Anthony Reeves	Worthing Excelsior			6.21
22	Jim Davey	London Fire Brigade C.C.	V59	195.01	6.22
23	Barry Charlton	San Fairy Ann C.C.	V52	205.56	6.23
24	Chris Hopkinson	Matlock C.C.			6.24
25	Christopher Bax	V.C. Deal	V52	205.56	6.25
26	Keir Williams	San Fairy Ann C.C.			6.26
27	Theo Stegers	Southborough & District Wheelers C.C.	V51	207.11	6.27
28	Keith Coffey	Bec C.C.			6.28

Sponsored Clubs:

Matlock C.C. - Wards Shoe Shops/Impsport/Farmers of Matlock For Subaru Worthing Excelsior - Thames Medical/Babypulse.com Ltd

Detail	Intermediate Distance	Cumulative Distance
Start at Bethersden in unclassified road, 400 yds west of the Bull Inn	e 0.000	0.000
Proceed east to Turn LEFT at the Bull Inn Bethersden	0.338	0.338
Follow along the A28 to Singleton round-a-bout where take exit to Ashford (Matalan (Old Tesco's)) round-a-bout at the of the Great Chart by-pass (Junction A28 and B2229) where TURN and	end	5,565
		5.505
Retrace to Singleton round-a-bout where take 2nd exit to Ne Street Farm	ew 1.710	7.275
Turn Left through Stubb's Cross to Magpie Hall cross roads (Old A2070) where Turn LEFT (CARE)	2.395	9.670
Follow the Old A2070 to Park Farm round-a-bout where stra on to Kingsnorth II round-a-bout where take the 3rd exit onto	0	
A2040. Fork Left within 500 yards onto the Cloverleaf junction	on. 2.036	11.706
Take the 2nd Exit at the round-a-bout on to the A2070 (Ham Street by-pass) to Brenzett round-a-bout (Little Chef).	8.906	20.612
Take 3rd major Exit along the B2080 through Brenzett, Snar Appledore Station to Appledore to Turn LEFT into Canal Ro	•	
just after traffic lights on Canal Bridge (CARE)	3.967	24.579
Follow Canal Road to junction with A268 at Rye	5.754	30.333
Turn LEFT to Mini round-a-bout at A259	0.145	30.478